

ALCOHOL AND SUBSTANCE ABUSE SERVICES

(Human Services Coalition 8/30/06)

Legend:

Adults (A) Adolescents (Ad) Children (C) Senior Citizens (S)
Medicaid (M) Medicare (Mc) Private Health Ins. (PI)
Private Pay (PP) Social Security Disability (SDD) Sliding Fee (SF) Congregate
Care Level II (CC)

Providers:

Confidential Help for Alcohol and Drugs, Inc. (C.H.A.D.) - A, Ad, C.-
Counseling for chemical abuse and dependency. Specific programs for adults, adolescents, children, elderly, co-dependencies, family support, jail, men/women, schools. CASAC, ACSW on staff. 75 Genesee St., Auburn, NY 13021. (315) 253-9786. **Pay - M, PP, PI, SF**

Recovery Counseling - A, Ad - Anita Stoudymire, Program Director, MA, CASAC - NYS licensed to provide DWI, DMV, alcohol & drug evaluations and 12-week education program. Treatment includes intensive outpatient group and individual therapy for chemical abuse/dependence, dual diagnosis psychiatric consultation and family interventions. CASAC. 188 Genesee St., Auburn, NY 13021. (315) 255-3559. **Pay - M, PI, PP, SF**

Older Adult Recovery Program - S - Senior citizen alcohol and drug abuse services. CASAC, CSW, MSW. Crouse Hospital Syracuse. (315) 470-7381. **Pay - M, Mc, PP, PI, SF**

Residential Facilities:

Unity House - GRACE House - A - An alcohol and drug community residence for males and females. CASAC. 56 Osborne Street, Auburn, NY 13021. (315) 258-3998. **Pay - SDD, SSI, PP, SF**

Criminal Justice Intervention:

Auburn Drug & Alcohol Treatment Court - Treatment court for non-violent offenders. Programs to address problems of alcohol, substance abuse and associated criminal behavior. Carol Colvin LMHC, MS, CASAC, City Court, 157 Genesee St., Auburn, NY 13021. (315) 253-3001

Cayuga County Stop -DWI Program - Coordinates local efforts to reduce alcohol and other drug-related traffic crashes utilizing all the fines collected for alcohol and other drug-related traffic offenses. 2nd Floor, 152 Genesee St., Auburn, NY 13021. (315) 253-1303.

Support & Fellowship:

"Alcohol/Substance Abuse Support in and around Cayuga County" - Pamphlet lists meeting schedules for AA, NA, Al-Anon and Alateen in Cayuga County. Available from Cayuga Community Health Network, Carr Bldg., 188 Genesee St., Ste. 207, Auburn NY 13021. (315) 252-4212.

Alcoholics Anonymous (AA) - A - Voluntary fellowship of men and women who meet to attain and maintain sobriety. Meetings held in Auburn and Cayuga County. 100 E. Manlius St., E. Syracuse, NY. (315) 463-5011.

Al-Anon Family Groups - A, Ad, C - Support organization for friends and family whose lives have been affected by alcoholism in a family member or friend. Meet weekly Wednesday at 8:00pm at First United Methodist Church, E. Brutus St., Weedsport. (315) 471-0191

Narcotics Anonymous (NA) - A - Voluntary fellowship of men and women who meet to attain and maintain sobriety from drugs. Five (5) weekly meetings held in Auburn and Cayuga County. Marty Rindfleisch, local NA contact. (315) 253-3651.

Prevention Services:

Confidential Help for Alcohol and Drugs, Inc (CHAD), 75 Genesee St., Auburn, NY 13021. (315) 253-9786:

DART Program - designed to meet the needs of school aged youth in grades K-6. The program focuses on substance abuse as a health issue and is provided in the classroom setting in all rural Cayuga County elementary schools.

Intervention Program - provides assessment and individual brief counseling to at-risk youth in the home setting in Union Springs, Cato-Meridian and Moravia school districts.

EPIC (Everyone Person Influence Children), 10 Seminary St., Auburn NY 13021

Guiding Good Choices - a prevention program for parents of children ages 9-14 which helps prepare adolescents for drug-free years. CASAC and other trained facilitators. (315) 252-8583.

Partnership for Result, 144 Genesee St., Suite 410, Auburn NY 13021:

Mobile Outreach Services Team (MOST) - Ad, C - MOST provides substance abuse prevention and education services for Auburn Enlarged School District youth grades 5th - 12th. Appropriate referrals to additional services are made. CASAC Counselor. (315) 282-0005.

Substance Abuse/Alcoholism Resources:

Council on Alcoholism and Addictions of the Finger Lakes - 620 W. Washington St., Geneva, NY 14456. (315) 789-0310.

Prevention Network - 1050 W. Genesee St., Syracuse, NY 13204. (315) 471-1359

Tobacco Prevention & Cessation Resources:

Cayuga County Tobacco Free Coalition - Information and referral on smoking cessation services and nicotine replacement therapy. In-service training available for schools and businesses. Carr Bldg., Ste. 207, 188 Genesee St., Auburn, NY 13021 (315) 252-0097.

NYS Smokers' Quitline - Free phone counseling, free stop smoking kit, tips and support. Website - www.nysmokefree.com. (866) 697-8487.

Reality Check - A youth (ages 13-16) led movement with the main goal of exposing the advertising and marketing practices of the tobacco industry. Focused on ending teen tobacco use by sharing the truth about how the tobacco industry targets teens as "replacement smokers." Carr Building, 188 Genesee St., Suite 207, Auburn, NY 13021. (315) 252-4212.

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Mental Health Services for Adults in Cayuga County (HSC 8/30/06)

LEGEND:

Pay - Medicaid (M) Medicare (Mc) Family Health Plus (FHP)
Child Health Plus (CHP) Private Health Insurance (PI)
Private Pay (PP) Sliding Fee (SF) Social Security Disability (SDD)

Clinics:

Cayuga Counseling Services - outpatient mental health programs; employee assistance program; case management. Credentials: Part-time psychiatrist and Master level counselors. 17 East Genesee St., Auburn, NY 13021. (315) 253-9795. Pay - M, Mc, FHP, CHP, PI, PP, SF

Cayuga County Community Mental Health Center - outpatient psychiatric agency; treatment, evaluation, support and emergency services for the chronically mentally ill; adult and children intensive case management; crisis services and mobile evaluations. Credentials: Staff psychiatrists, PhD psychologist, CSWs, Bachelor-level RNs. 157 Genesee St. (315) 253-0341 ~ 146 North St. (315) 253-2746 ~ 188 Genesee St. (315) 253-1690. Pay - M, Mc, PI, PP

Karl D. Warner Clinic, Affiliate of Seneca/Cayuga ARC - psychiatry and counseling for individuals with developmental and other disabilities. Credentials: on-staff CSW, Ph.D., psychologist, psychiatric nurse practitioner. 180 North Street, Auburn, NY 13021. (315) 255-2285. Pay - Mc, PI

Veterans Administration Clinic - outpatient psychiatric medication, counseling and referral for veterans. C/O AMH, 17 Lansing St., Auburn, NY 13021. (315) 255-7002. Pay - Means test for veterans to determine co-pay.

Crisis Services:

Cayuga County Community Mental Health Center - emergency services for the chronically mentally ill; crisis services and mobile evaluations. Credentials: staff psychiatrists, PhD psychologist, CSWs, Bachelor-level RNs. 157 Genesee St. (315) 253-0341 ~ 146 North St. (315) 253-2746 ~ 188 Genesee St. (315) 253-1690. Pay - M, Mc, PI, PP

24-Hour Emergency On-Call - Mental Health 24 hour on-call Social worker for crisis services, evaluations, hospitalization and referral. Credentials: Master-level Social Workers, RN. CCMH, 157 Genesee Street or Auburn Memorial Hospital. (315) 253-0341.

CONTACT Telephone Counseling Hotline - 24-hour crisis intervention hotline - confidential listening, understanding and counseling; fear, grief, abuse, loneliness or anxiety issues. 1-877-400-8740.

Inpatient Facilities:

Auburn Memorial Hospital Mental Health Center - inpatient psychiatric unit for adults with acute psychiatric needs; admittance over an emergency room evaluation. 17 Lansing St., Auburn, NY 13021. (315) 255-7366. Pay - accepts all insurances or will set up payment plan.

Residential Facilities:

Evergreen Heights Adult Home - provides residential care to adults with a mental health diagnosis and unable to live independently. Credentials: NYS Dept. of Health Licensed. 8939 Oakland St., Weedsport, NY 13160. (315) 834-6142. Pay - SS, SSD, SSI, PP

Southside Home for Adults - provides residential care to adults with a mental health diagnosis and unable to live independently. 172 South St., Auburn, NY 13021. (315) 252-9543. Pay - SS, SSD, SSI, PP

North Brook Heights - provides residential care to elderly adults with a mental health diagnosis and unable to live independently; adult care and assisted living (limited basis), home care and respite care. Credentials - RN, LPN. 170 Murray St., Auburn, NY 13021. (315) 253-2755. Pay - SS, SSD, SSI, M, PP

Unity House of Cayuga County - residential mental health services, intensive psychiatric rehabilitation treatment and mental retardation services to adults age 18 and up. 108 South St., Auburn, NY 13021 (main site). (315) 253-6227. Pay - M, Mc, PI, PP

Providers:

Claire Bobrycki, CSWR - counseling. Credentials: CSWR. 2 South Street, Auburn, NY 13021. (315) 252-6978. Pay - PI, PP

Catholic Charities - counseling for individuals of all ages and families. Credentials: counseling, CSW on staff. 134 E. Genesee St., Auburn, NY 13021. (315) 252-2222. Pay - Mc, SF, PP

Stephen Coleman, Psy. D. - mental health, academic & alcohol/substance abuse evaluations; counseling and therapy; emphasis on anxiety disorders, depression and substance abuse. Credentials: licensed psychologist, counselor. 11 Seminary St., Auburn, NY 13021. (315) 255-1382. Pay - PI, PP

Faith Emerson, CSW - relationship problems, depression, anxiety, stress. Credentials: psychotherapist and counselor. Suite 320, 110 Genesee St. Auburn, NY 13021. (315) 255-2448. Pay - PI, PP

Kathleen Falgitano, MSW - general counseling practice. Credentials: counselor and psychotherapist. Suite 320, 144 Genesee St., Auburn, NY 13021. (315) 253-0151. Pay - PI, PP

Craig Humphrey, PhD - psychotherapy and mind/body medicine; relationship problems, stress management, anxiety, panic disorder. Credentials: psychotherapist and counselor. 17 E. Genesee St., Auburn, NY 13021. (315) 246-8302. Website: www.thestressdoctor.com. Pay - PP

Teresa Miller, MD -psychopharmacology, psychotherapy and consultation for psychiatric problems, special interest in women with mood disorders; limited caseload. Credentials: psychiatrist. 371 Main St., Aurora, NY 13026. Pay - PP

Susan Miller-Throm, CSW-R - 39 Williams Street, Auburn NY 13021. General Counseling. (315) 246-8481. Pay -FHP, PP

New Visions Counseling & Consultation Services - Kelly Kozak, LMHC, MSED. Mental health assessment and counseling in addition to specializing in sexual

offender treatment, youth and adult. 25 Wall St., Auburn, NY 13021. (315) 255-0250. Pay - PP, SF

Ellen Ross, Psy.D. - general practice. Credentials: counselor and psychotherapist. Suite 320, 110 Genesee St., Auburn, NY 13021. (315) 255-2448. Pay - PI, PP

Anna Salamone, RN, CSW - general practice, psychotherapy. Credentials: RN, CSW. 165 Main St. Aurora, NY 13026 (also Ithaca). (315) 364-6881. Pay - PP

Johanna Smith-Ellis, CSW-39 Williams Street, Auburn NY 13021. General counseling. (315) 374-9762. Pay- FHP, PP

Wounded Healer's Bereavement Support Group - bereavement support, education, counseling. Credentials: MSW, CSW, RN, CNS. PO Box 1223, Auburn, NY 13021. (315) 252-5166. Pay - memorials, donations

Other Resources:

Adult's SPOA (Single Point of Access) - single point of access for case management and mental health housing in Cayuga County. Credentials: Bachelor, CSW. Flora Gagliostro, CCMH, Carr Bldg. 188 Genesee St. Auburn, NY 13021. (315) 253-1690.

Community Services Board - Oversees Cayuga County Dept. of Mental Health, identifies mental health needs, prepares annual plan and works to improve access to services for community members. Monthly meetings of Board and Subcommittees are open to the public, consumers and family members. Call 253-2746 for dates and times of meetings.

Discrimination - www.adscenter.org - a centralized resource on discrimination and stigma associated with mental illness.

Information - www.NYAPRS.org - mental health E-news.

Legal Services of CNY, Inc. - PAIMI (Protection & Advocacy for Individuals with Mental Illness). Credentials: attorney. 472 S. Salina St., Suite 300, Syracuse, NY 13202. (315) 475-3127. Pay - representation is fee, however, due to limited resources, not every individual who contacts them can be represented.

NAMI - National Alliance on Mental Illness in Cayuga County - support to family and friends of individuals with mental illness; support groups, training, advocacy. Terri Wasilenko, Auburn Memorial Hospital, 17 Lansing St., Auburn, NY 13021. (315) 255-7443.

Options for Independence - representative payee program for adults with a psychiatric disability. 75 Genesee St., Auburn, NY 13021. (315) 255-3447.

Peer Networking Group - The Peer Networking Group of Central New York is an organization of persons with mental health diagnoses who come together to empower one another and work in equal partnership with providers, policy makers and concerned citizens. We seek to make the system of services the most responsive and respectful of our needs and gifts. Monthly meetings. 800 S. Wilbur Ave., Room 3E3-22, Syracuse, NY 13204. (315) 473-1544.

S.A.F.I.R.E., Inc. - Peer run organization for mental health consumers providing advocacy, mentoring, peer counseling, education and outreach. S.A.F.I.R.E. is affiliated with the Self Help & Advocacy Council of CNY, Inc. 35 Frazee Street, Auburn, NY 13021. (315) 704-0161 or (315) 252-8802.

Suicide Prevention Task Force (SPTF) - A collaboration between NAMI, Cayuga Counseling, Cayuga Community Mental Health Center, the Human Services Coalition and other agencies focused on increasing community awareness of the signs of depression and suicidal behavior, and where to find appropriate mental health and medical prevention services. The SPTF is concerned with ensuring that critical incident debriefing be made available to families, friends and co-workers of suicide victims. To participate in the SPTF, contact NAMI at ((315) 255-7443.

Unity House - Unity Employment Services - Job coach and support for adults with a psychiatric disability. 38 Genesee St., Auburn, NY 13021. (315) 253-8732. Pay - NYS VESID program

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Mental Health Services for Children and Adolescents in Cayuga County (HSC 8/30/06)

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Private Pay (PP) Sliding Fee (SF) Social Security Disability (SDD)

Clinics:

Cayuga Counseling Services - outpatient mental health programs specializing in children and families. Credentials: Part-time psychiatrist and Master level counselors. 17 East Genesee St. Auburn, NY 13021. (315) 253-9795. Pay - M, Mc, FHP, CHP, PI, PP

Cayuga County Community Mental Health Center - outpatient psychiatric agency; treatment, evaluation, support and emergency services for the chronically mentally ill; adult and children intensive case management; crisis services and mobile evaluations. Credentials: Staff psychiatrists, PhD psychologist, CSWs, Bachelor-level RNs. 157 Genesee St. (315) 253-0341 ~ 146 North St. (315) 253-2746 ~ 188 Genesee St. (315) 253-1690. Pay - M, Mc, PI, PP

Karl D. Warner Clinic, Affiliate of Seneca/Cayuga ARC - psychiatry and counseling for individuals with developmental and other disabilities. Credentials: on-staff CSW, Ph.D., psychologist, psychiatric nurse practitioner. 180 North Street, Auburn, NY 13021. (315) 255-2285. Pay - Mc, PI

Crisis Services:

Cayuga County Community Mental Health Center - emergency services for the chronically mentally ill; crisis services and mobile evaluations. Credentials: staff psychiatrists, PhD psychologist, CSWs, Bachelor-level RNs. 157 Genesee St. (315) 253-0341 ~ 146 North St. (315) 253-2746 ~ 188 Genesee St. (315) 253-1690. Pay - M, Mc, PI, PP

24-Hour Emergency On-Call - Mental Health 24 hour on-call Social worker for crisis services, evaluations, hospitalization and referral. Credentials: Master-level Social Workers, RN. CCMH, 157 Genesee Street or Auburn Memorial Hospital. (315) 253-0341.

Children's Crisis Respite - voluntary temporary short term placement for children with mental health needs. Cayuga Counseling, 17 E. Genesee St. Auburn, NY 13021. Contact Linda Murphy, (315) 253-0341.

Children's Crisis Services - crisis intervention, coordination, planning and facilitation for children and adolescents with serious emotional problems. Cayuga Counseling, 17 E. Genesee St. Auburn, NY 13021. Contact Linda Murphy, (315) 253-9795.

CONTACT Telephone Counseling Hotline - 24-hour crisis intervention hotline - confidential listening, understanding and counseling; fear, grief, abuse, loneliness or anxiety issues. 1-877-400-8740.

Residential Programs:

Cayuga Home for Children - provides residential services to children ages 10-18 with mental health issues; must be court ordered. 101 Hamilton Ave., Auburn, NY 13021. (315) 253-5383. Pay - M, PI, PP

Hillside Children's Center of the Finger Lakes - provides residential services for severely emotionally disturbed children ages 10-18; must be court ordered. 7432 County House Road, Auburn, NY 13021. (315) 258-2100. Pay - M, PI, private funds

Family to Family (Cayuga Counseling Services) - a 20-bed therapeutic foster care program for children and adolescents of Cayuga and Onondaga Counties, ages 5 - 18, with serious emotional problems. 17 E. Genesee St., Auburn NY 13021. (315) 253-9795.

Providers:

Kathleen Bartell, PhD - referrals from medical doctor or school psychiatrist. Credentials: clinical psychiatrist. Suite 204, 2 South St., Auburn, NY 13021. (315) 252-6978. Pay - PI, CHP, FHP

Claire Bobrycki, CSWR - counseling for adolescents. Credentials: CSWR. 2 South Street, Suite 204, Auburn, NY 13021. (315) 252-6978. Pay - PI, PP

Catholic Charities - counseling for individuals of all ages and families. Credentials: CSW on staff. 134 E. Genesee St., Auburn, NY 13021. (315) 253-2222. Pay - Mc, SF, PP

Cayuga Home for Children - Family Resiliency Programs include Intensive Family Preservation, Family School Partnership Program, Functional Family Therapy, Multisystemic Systemic Therapy, Multi-Dimensional Treatment Foster Care and provide counseling and case management. Referral through CCHHS or Auburn School District. Credentials: CSW, MSW, BS. 101 Hamilton Ave., Auburn, NY 13021. (315) 253-5383. Pay - funded by HH&S, Mental Health and other sources.

Stephen Coleman, Psy.D. - mental health, academic & alcohol/substance abuse evaluations; counseling and therapy; emphasis on anxiety disorders, depression and substance abuse. Credentials: licensed psychologist, counselor. 11 Seminary St., Auburn, NY 13021. (315) 255-1382. Pay - PI, PP

Faith Emerson, CSW - relationship problems, depression, anxiety, stress. Credentials: psychotherapist and counselor. Suite 320, 110 Genesee St. Auburn, NY 13021. (315) 255-2448. Pay - PI, PP

Teresa Miller, MD - adolescents (16+), psychopharmacology, psychotherapy and consultation for psychiatric problems, special interest in women with mood disorders related to hormonal changes; limited caseload. Credentials: psychiatrist. 165 Main St., Aurora, NY 13026. Pay - PP

Susan Miller-Throm, CSW-R - 39 Williams Street, Auburn NY 13021. General Counseling. (315) 246-8481. Pay -FHP, PP

New Visions Counseling & Consultation Services - Kelly Kozak, LMHC, MEd. Mental health assessment and counseling in addition to specializing in sexual offender treatment, youth and adult. 25 Wall St., Auburn, NY 13021. (315) 255-0250. Pay - PP, SF

Partnership for Results - Mobile Outreach Service Team (MOST) - provides short-term (about 20 sessions) school-based, comprehensive mental health services (predominately Play Therapy and Cognitive Behavioral Therapy) for youth in grades K - 12. Families are engaged with their child's therapy when appropriate, and an integrated service plan is provided when needed.

Credentials: MOST therapists have Master's degree in Social Work or Counseling. 144 Genesee St., Suite 410, Auburn, NY 13021. (315) 282-0005. Pay - free of charge, grant funded.

Ellen Ross, Psy.D. - general practice. Credentials: counselor and psychotherapist. Suite 320, 110 Genesee St., Auburn, NY 13021. (315) 255-2448. Pay - PI, PP

Anna Salamone, RN, CSW - adolescents (16+), general practice, psychotherapy. Credentials: RN, CSW. 165 Main St., Aurora, NY 13026 (also Ithaca). (315) 364-6881. Pay - PP

Wounded Healer's Bereavement Support Group - bereavement support, education, counseling. Credentials: MSW, CSW, RN, CNS. PO Box 1223, Auburn, NY 13021. (315) 252-5166. Pay - memorials, donations

Other Resources:

Children's SPOA (Single Point of Access) - case review, Coordinated Children's Services Initiative, intensive case management for ages 0-18, linkage to residential treatment facilities and home & community based services waiver. Credentials - Bachelor and CSW. Flora Gagliostro, CCMH, Carr Bldg. 188 Genesee St. Auburn, NY 13021. (315) 253-1690.

Community Services Board - Oversees Cayuga County Dept. of Mental Health, identifies mental health needs, prepares annual plan and works to improve access to services for community members. Monthly meetings of Board and Subcommittees are open to the public, consumers and family members. Call 253-2746 for dates and times of meetings.

Discrimination - www.adscenter.org - centralized resource on discrimination and stigma associated with mental illness

Coordinated Children's Services Initiative (CCSI) - collaborative approach to support families with children and adolescents who have emotional and behavioral difficulties; service planning, monitoring, and advocacy. Cayuga Counseling, 17 E. Genesee St. Auburn, NY 13021. Contact Evelyn Noden, (315) 253-9795.

Legal Services of CNY, Inc. - PAIMI (Protection and Advocacy for Individuals with Mental Illness). 427 S. Salina St., Suite 300, Syracuse, NY 13202. (315) 475-3127.

NAMI - National Alliance on Mental Illness in Cayuga County - support to family and friends of individuals with mental illness; support groups, training, advocacy. Terri Wasilenko, Auburn Memorial Hospital, 17 Lansing St., Auburn, NY 13021. (315) 255-7443.

Parents Partners - support, information, and encouragement to parents of children and adolescents with emotional problems participating in the Coordinated Children's Services Initiative. Parent support group meets October through June on 1st and 3rd Wednesdays of the month. Cayuga Counseling, 17 E. Genesee St. Auburn, NY 13021. Contact Ruth Stewart, (315) 253-9795.

Suicide Prevention Task Force (SPTF) - A collaboration between NAMI, Cayuga Counseling, Cayuga Community Mental Health Center, the Human Services Coalition and other agencies focused on increasing community awareness of the signs of depression and suicidal behavior, and where to find appropriate

mental health and medical prevention services. The SPTF is concerned with ensuring that critical incident debriefing be made available to families, friends and co-workers of suicide victims. To participate in the SPTF, contact NAMI at ((315) 255-7443.

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